## <u>News Brief</u> Daily Meditation with Phoenix Way to Achieve Success and Happiness

Many followers of this daily, 100 percent free service credit it for their personal transformation and see the peace, harmony and prosperity that they now experience transforming world consciousness, one person at a time.

Can practicing meditation regularly transform your life, your business, even the world?

Many of the dedicated followers of the South Florida-based daily Meditation for the Economy, which recently marked its one-year anniversary, think so.

Phoenix was guided to launch the global Meditation for the Economy soon after the stock market crashed in the United States and across the globe in October 2008. Her direction was clear: Transform consciousness for all things of an economic and financial nature to authentic peace, harmony and prosperity. The transformation starts with each person.

Known as the Spirit Diva, Phoenix is a pioneer in the field of business and spiritual coaching. An award winning author, professional speaker, columnist, talk-show host and guest, for more than 15 years Phoenix has assisted people, from corporate executives and professionals to entrepreneurs and those in transition, to understand the messages of their life and use the full potential of their own creative power to realize new levels of personal and professional success.

On transformation, Phoenix says, "It's an inside-out process. As each of us changes our consciousness so does the world outside of us – in our lives, families, work, communities, corporations, governments, our country, and nations across the globe."

Phoenix says daily meditation helps people release stress, pain, grief and old beliefs; experience unconditional love; feel safe and assured; and make happier choices.

For Huntley, a West Palm Beach marketing executive, listening to the meditation contributed to her job search success. "I keep coming back to listen to the truth rather than listening to all the noise. Listening to the Meditation for the Economy opened up my horizons."

"I am so blessed to have this phone meditation. I tune in at night before I go to sleep and other times when I arise for my new day. It helps me to stay focused on God's word," says Kathy, a realtor in Palm Beach Gardens.

"This awareness and awakening of total Love for who you are is the key. These daily meditations allow you to re-claim your personal power, uplift your vibration and transcend your life circumstances and beliefs to connect with the wellspring of infinite possibility within you, all from the comfort of your home or office. You will be better able to recognize and choose a higher path - the path of peace, harmony and prosperity - one feeling, thought, word, or action at a time...we all benefit," says Phoenix.

To join the LIVE meditation Monday through Friday, 7-7:30 am EDT, Call 712.432.0080, Access Code 785474#. To Playback the daily meditation recording call 712.432.1590, Access Code 785474#. Or download all recording since October 27, 2008 at <a href="http://www.MeditationForTheEconomy.com">http://www.MeditationForTheEconomy.com</a>. For more info, contact <a href="http://www.MeditationForTheEconomy.com">phoenix@thephoenixpotential.com</a>. This is a free service.

Published Natural Awakenings-Palm Beach, March 2010